



# Accessing Your VA Benefits

Come hear Roy Harrington share what services are available to you and your family as a military veteran. He will also share his experience working at the Pentagon from 2005 through 2008 which led him to working with spiritually wounded warriors of all generations.

**About the Presenter:** Roy Harrington (USAR/Retired Colonel) served in the army reserve for 30 years including his commandment of the 380th CONUS Replacement Center Battalion. He currently volunteers as the commander at American Legion Post 200 in Belfair, WA and assists veterans in understanding VA benefits.

Located at The Mustard Seed Project  
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YouTube: The Mustard Seed Project of Key Peninsula

## FREE COMMUNITY FORUM

November 4th  
at 1:00pm

Join us in the  
following ways:

- In-person at  
The Mustard Seed Project
- Live streamed on our  
YouTube channel



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Mustard Seed Project  
OF KEY PENINSULA